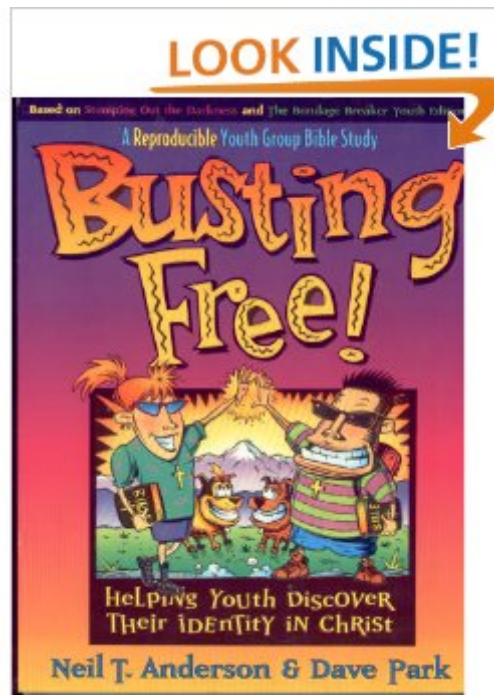


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# Busting Free!: Helping Youth Discover Their Identity In Christ



## Synopsis

Busting Free is a dynamic youth group study based on the best-selling books *Stomping Out the Darkness* and *The Bondage Breaker (Youth Edition)*. Young people can find biblical solutions to their personal and spiritual problems and find their true identity in Christ.

## Book Information

Paperback: 168 pages

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Shipping Weight: 1 pounds

Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #5,149,153 in Books (See Top 100 in Books) #89 in [Books > Christian Books & Bibles > Churches & Church Leadership > Church Materials](#) #2496 in [Books > Christian Books & Bibles > Ministry & Evangelism > Youth Ministry](#) #4065 in [Books > Christian Books & Bibles > Churches & Church Leadership > Church Administration](#)

## Customer Reviews

'Busting Free' by Neil T. Anderson and Dave Park is an easy-to-read book written specifically for the youth of today. The main aim of the book is for young people to find their identity in Christ, and as a result their life will change! 'The Bondage Breaker - Youth Edition' and 'Stomping Out Of Darkness' (also by Anderson and Park) complement this book, and can be read along side this book to help your understanding in issues such as "winning the battle for your mind" and "your authority in Christ". I strongly recommend this title, because when you know who you are in Christ you can experience the freedom He has to offer.

I teach a Sunday school class of 7th and 8th grade student. This book was issued out to me and my co-teacher. We enjoy teaching from this book. It has good activities for the students and it has issues that relate to the youth.

Busting Free really helps break down the chapters in *Stomping Out the Darkness*. The step by step instructions made planning lessons clear and fun! Youth group really enjoy the activities.

This is a great book to walk with students as they gain a perspective on their life as Jesus does.  
Worth the time reading & spending it with students

I am not really enjoying this book. It has some helpful parts, but overall, I am not finding it very useful. I teach the youth (7-12th grade) at my church, and have a teaching background, and I can say with certainty, most of the activities would not go over well if I tried to do them. For example, one page asks the leader to put students in pairs to share things like: "What I like best about me physically is..." "One thing spiritually that separates me from God is..." Etc. If your kids are extremely open, then maybe this would work for them, but I don't know any kids this age that would openly share these things with honesty. Also, there are parts that say verses out of context that I think the kids would have a hard time with, such as "I am a slave to God, making me holy and giving me eternal life. (Romans 6:22)" and "Before a person becomes a Christian, that person is God's enemy and by nature a child of wrath. (See Ephesians 2:1-3)." I am not arguing about whether these are true, but rather, whether they are helpful, out of context, in teaching youth about who they are in Christ. Although I will say, the word enemy is not used in the NIV in those verses. So overall, there are some helpful parts, but I would not follow it as a curriculum, and am finding myself mostly supplementing and creating my own materials.

Good book. Good experience with seller.

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